

### **ABSTRACT OF THE DISCLOSURE**

[0034] A washing machine includes parts that are mounted in a manner that permits them to oscillate, particularly washing machine tubs, on which ballast bodies are fixed. The ballast body is approximately shaped like a ring or ring segment with a selectable cross-sectional thickness and comprises, on at least one circular are, a number of recesses and/or openings whose surfaces on points of contact are complementary to corresponding outer contours of fixing elements on the part. The ballast body is preferably made of plastic and ferrous material, which is shaped by injection molding a thermoplastic material, which contains significant proportions of filling material consisting of hematite and/or magnetite, in order to form a ballast body having a density  $> 2.4 \text{ g/cm}^3$ .